

**Knitted Wringling**  
by Maggie McDonald for The Black Sheep  
San Diego Yarn Crawl 2018



Channel your purl side! Take advantage of the ability of stockinette stitch to curl to make a fun bracelet.

**Material:** approximately 20-30 yds. of fingering weight yarn. You can use a mini-skein (Mountain Colors Crazyfoot) or use up bits of sock yarn from your stash.

**Needles:** US 3 (3.25 mm) needles, either double points, 2 circulars, or "magic loop," whatever is your preference.

**Gauge:** 6.5 stitches per inch

**Notions:** darning needle, stitch marker (optional), 6/o seed beads (optional)

Cast on 50 (small) / 56 (medium) / 62 (large) stitches, leaving a 6" tail. Divide your stitches between your needles. Join in the round, being careful not to twist your stitches. Place a marker if you wish to designate the beginning / end of round.

Rnd. 1. Knit all stitches.

Repeat round 1 until you reach 20 rounds, or desired width.

Bind off, removing any markers.

Encourage the stockinette edges to curl inward, so you see the purl bumps facing outward.

Wear your bracelet singly, or in multiples, or vary the widths and stack them inside each other.

For a variation, add 6/o seed beads to your bracelet.

Check out Cat Bordhi's video on placing beads in your knitting at:

<https://www.youtube.com/watch?v=At2QJt73sLM>

Wear and enjoy your Knitted Wringling!

**Crocheted Wringling**  
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Form a spiral crocheted tube into a bangle bracelet that you can embellish.

**Material:** approximately 25-35 yds. of fingering weight yarn. You can use a mini-skein (Mountain Colors Crazyfoot) or use up bits of sock yarn from your stash.

**Hook:** US F (3.75 mm)

**Gauge:** approximately 6 sc per inch

**Notions:** darning needle; other yarn, ribbon or beads for embellishment (optional)

**Abbreviations:** ch. = chain; sc = single crochet; st. = stitch

Make a slip knot, leaving a 6" tail. Ch. 8, then make 1 sc in 2nd ch. from hook. Place 1 sc in each remaining ch. across (7 sc total). Fold strip in half, but do not join into the round by making a slip st. Instead, simply make 1 sc in the 1st st. Continue putting 1 sc in each st. around, making a spiraling tube.

Work until you reach a length that will fit over the widest part of your hand and wrist. Cut yarn, leaving an 8" tail; pull tail through final st. Use your tails to join and stitch the ends of your tube together.

Weave in your tails and trim. If your join looks messy (mine did!), you can cover it up by wrapping or stitching the area with yarn, ribbon, beads or embroidery - it's an opportunity for surface embellishment!

Wear your bangle singly or make multiples.

Wear and enjoy your Crocheted Wringling!